



ISSUES AFFECTING TODAY'S TEENS AND HOW YOU CAN HELP

We all want to keep our teens safe. In this presentation, you'll learn to:

- Recognize signs of distress in teens
 - Promote brain health
- Foster resiliency and strong coping skills
- Safeguard teens against internet dangers
- Know the warning signs of suicidal behavior
 - Find help for a struggling teen
- Implement protective measures to keep teens SAFE!



Vanita Halliburton is president of the Grant Halliburton Foundation, a non-profit organization that works to raise awareness and understanding of adolescent mental health and suicide prevention. She speaks from the heart about her son's battle with depression and bipolar disorder and his suicide at the age of 19.

Join us for Parent Education Night

Parents only

Wednesday, November 30, 2016

1820 Pearl Street, Building B, Texas Room

Carrollton, Texas 75006

6:30 – 8:00 pm

There will be a Spanish interpreter for the presentation.

Free child care (3 years and up)

For more information, please contact Bridgit Basel at

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